



Homemade Laundry Soap Powder

- 1 bar (finely) grated peppermint Dr. Bronner's castile soap
- 1 cup borax
- 1/2 cup baking soda
- 1 cup washing soda

Mix everything together. My grater didn't grate the soap very small, so I put everything in the food processor and whirred until it was reduced to a fine powder. Then I put it in a jar. You use 1 - 2 tbsp per load, depending on the size and dirtiness of the load. One scoop seems to work just fine.

Depending on your water, you might need to adjust the sodas a bit, and the amount used per load. I use 1/8 cup per load. You may need to give the jar a shake once in a while to prevent the soap flakes from settling to the bottom.

I have an HE washer, so I just put the powder in the drum with the clothes. It's a low-sudsing detergent because of its ingredients, which makes it safe for HE machines.